



*Are you providing
much needed care
for a loved one,
friend or family
member?*

For support, information and advice around your caring role, please sign up to our

Virtual Drop In for Carers

Access is quick and easy, through a variety of online mediums to suit you...

‘Skype, Whatsapp or GoTo Meeting’
(suitable equipment will be required)

- **Speak to a carer support worker**
 - **Live streaming**
 - **Ask questions**
 - **Share ideas**

For more information and details of how to sign up please contact:

Nottinghamshire Carers Hub
0115 824 8824 hub@carerstrustem.org
www.carerstrustem.org/hub



Nottingham
City Council



Nottinghamshire
County Council

