

# Foetal Alcohol Spectrum Disorder Support Group

## What is FASD?

#### Foetal Alcohol Spectrum Disorder

is the most common, non-genetic cause of learning disability and a lifelong neurodevelopmental condition. Research suggests that FASD affects 1.8% of children in the UK, almost twice as many as autism.

# Who are we?

FASD Friends is a support group initially set up by two adoptive families who have experience of children affected by FASD.

## We provide...

- Free monthly meetings with refreshments & children welcome
- F Safe supportive place to share our experiences
- 📭 Signposting to support & resources.

"Now I know it's

not just me – I feel comfortable
enough to be able to talk openly
about the challenges we face and
find out about strategies other
carers use."

"A safe space to talk about a condition which isn't often understood."

# When & where?

#### Contact us for dates & venue

Booking is essential admin@rainbowpcf.org.uk

Scan QR code to contact us 0115 786 0211 0783 727 8981 www.rainbowpcf.org.uk









