



Befriending Social Group




About us...

Rainbow Parents Carers Forum is a support group and independent voice for families with children and young people with special educational needs and/or disabilities (SEND) in Nottingham and surrounding areas.

BSG is...

For 12 to 25 year olds with additional needs who may need support to access community activities and meet other young people. The group aims to create friendships and accessible activities that young people enjoy with their peers.

We provide...

-  Free monthly sessions
-  A supportive environment to have fun, make friends and learn new skills
-  Variety of activities including trips, bushcraft, games, arts/crafts & sports.

"We have found the activities this year of a keen interest to my son. From the bushcraft project to the sports events at the university campus."

"The fact that my child has wanted to join in is just priceless."

When & where

Contact us for dates & venue

Booking is essential
admin@rainbowpcf.org.uk

Scan QR code to contact us
0115 786 0211
0783 727 8981
www.rainbowpcf.org.uk

