



# Special Educational Needs and/or Disabilities Parent to Parent Support Group




## Rainbow PCF is...

A support group and independent voice for families with children and young people with special educational needs and/or disabilities (SEND) in Nottingham and surrounding areas.

## P2P is...

Parents supporting each other by sharing their experiences of caring for SEND children or young people.

## We provide...

-  Free monthly meetings with refreshments
-  Safe supportive place to share your experiences
-  Signposting to support & resources.

*"Welcoming, good to see other parent carers and get local relevant information"*

*"Good to hear I am not alone and someone else gets it!."*

## When & where

### Contact us for dates & venue

Booking is essential  
[admin@rainbowpcf.org.uk](mailto:admin@rainbowpcf.org.uk)

Scan QR code to contact us

0115 786 0211

0783 727 8981

[www.rainbowpcf.org.uk](http://www.rainbowpcf.org.uk)



**RAINBOW**

Parents Carers Forum  
*Supporting & empowering families to be heard & achieve better outcomes*

Registered Charity 1155205



@RainbowPCF