



# Special Educational Needs and/or Disabilities Parent to Parent Support Group




## Rainbow PCF is...

A support group and independent voice for families with children and young people with special educational needs and/or disabilities (SEND) in Nottingham and surrounding areas.

## P2P is...

Parents supporting each other by sharing their experiences of caring for SEND children or young people.

## We provide...

-  Free monthly meetings with refreshments.
-  Safe supportive place to share your experiences.
-  Signposting to support & resources.

*"Welcoming, good to see other parent carers and get local relevant information"*

*"Good to hear I am not alone and someone else gets it!"*

## When & where

Visit our website for dates & venues  
[www.rainbowpcf.org.uk](http://www.rainbowpcf.org.uk)

Booking is essential

Contact us  
E: [admin@rainbowpcf.org.uk](mailto:admin@rainbowpcf.org.uk)  
T: 07837 278981  
T: 07535 446752



Or scan QR code to contact us

